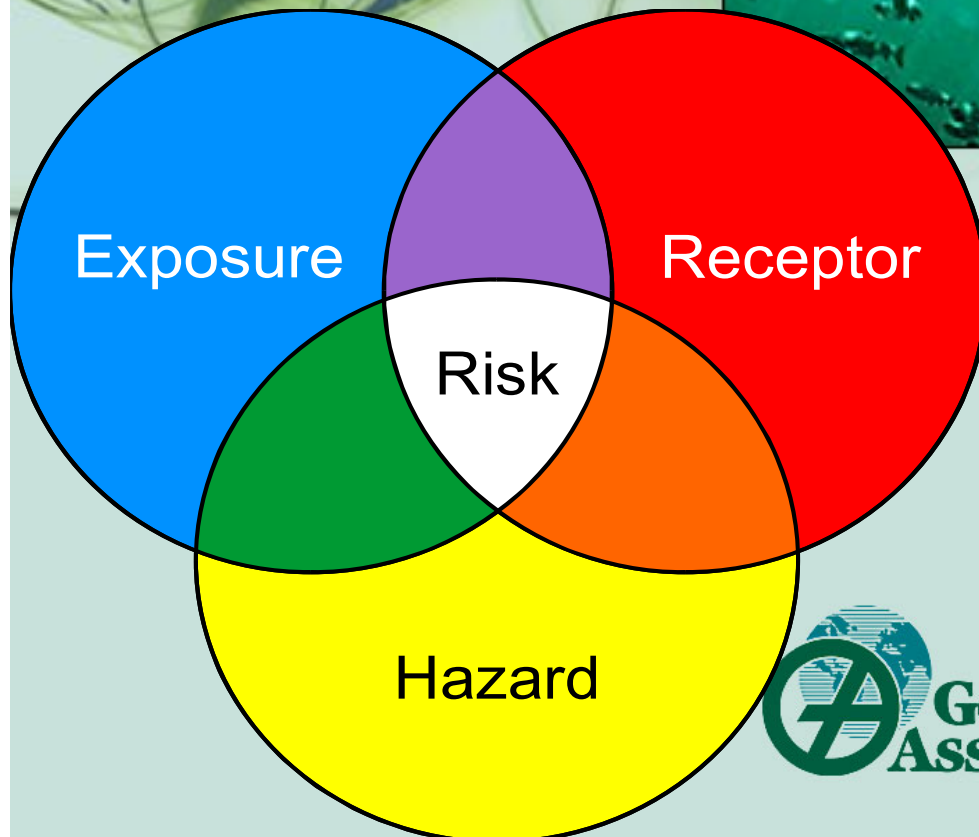


# ENVIRONMENTAL RISKS OF INORGANIC METALS AND METALLOIDS – A CONTINUING, EVOLVING SCIENTIFIC ODYSSEY

Bioavailability  
/ Toxicity



**Peter M. Chapman**  
**Golder Associates Ltd.**  
**North Vancouver, BC,**  
**Canada**

**October 24, 2007**  
**Sudbury, Ontario**



# METALS / METALLOIDS ARE UNIQUE

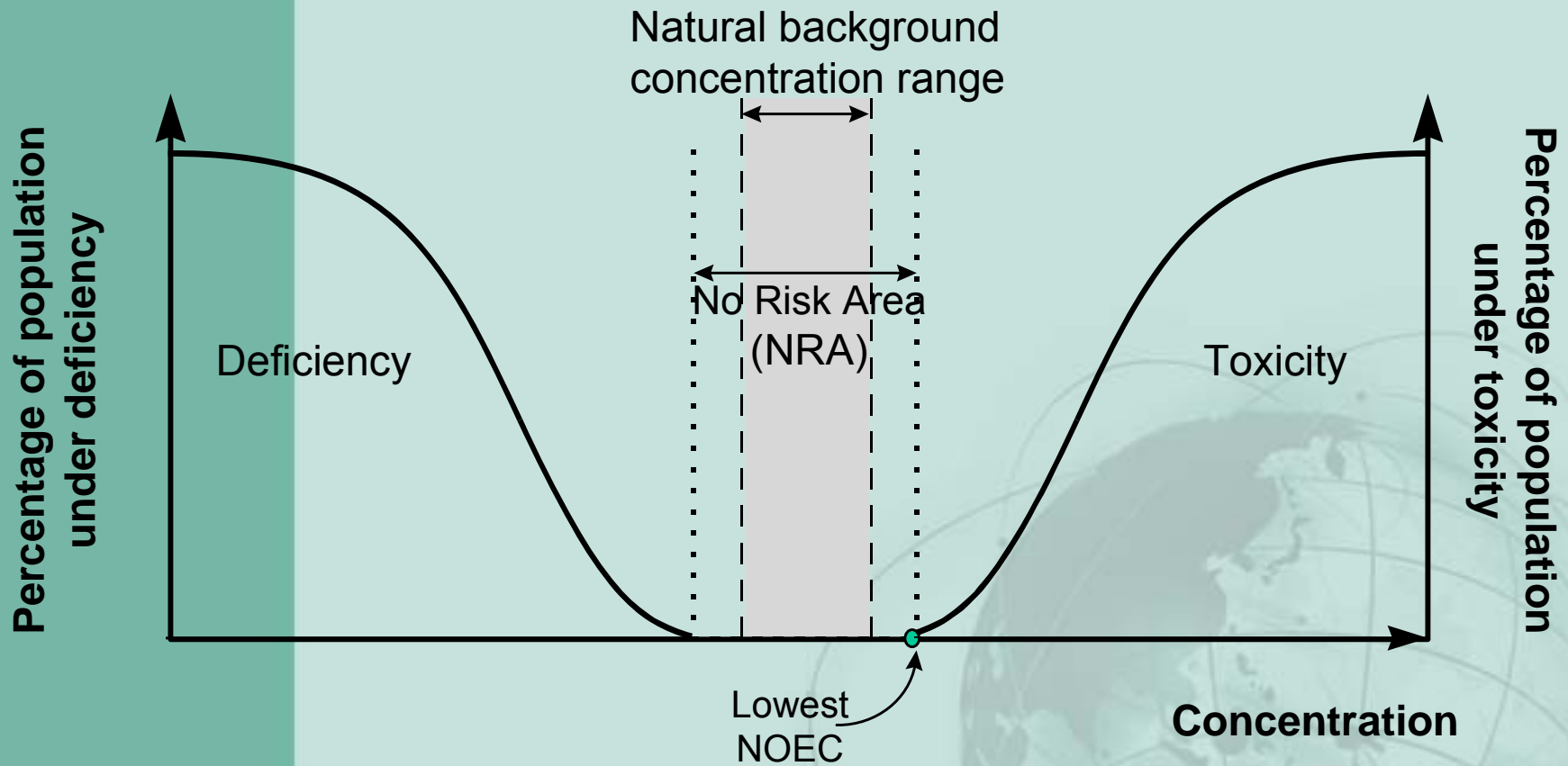
Henceforth, the term 'metals' is used to refer to both metals and metalloids

**DO NOT USE INCORRECT TERM 'HEAVY METALS'**

- Neither created nor destroyed; transformed from one chemical species to another
- Variable solubility (**solubility based on soluble salts → overestimates of bioavailability / toxicity**)
- Both essential (Cu, Cr, Zn, Se) and non-essential elements (Pb, As, Hg)
- Organisms regulate metals, especially essential metals
- Each metal species unique (fate / transport, bioavailability, bioaccumulation, toxicity)

# Essential Metal Concentration-Response

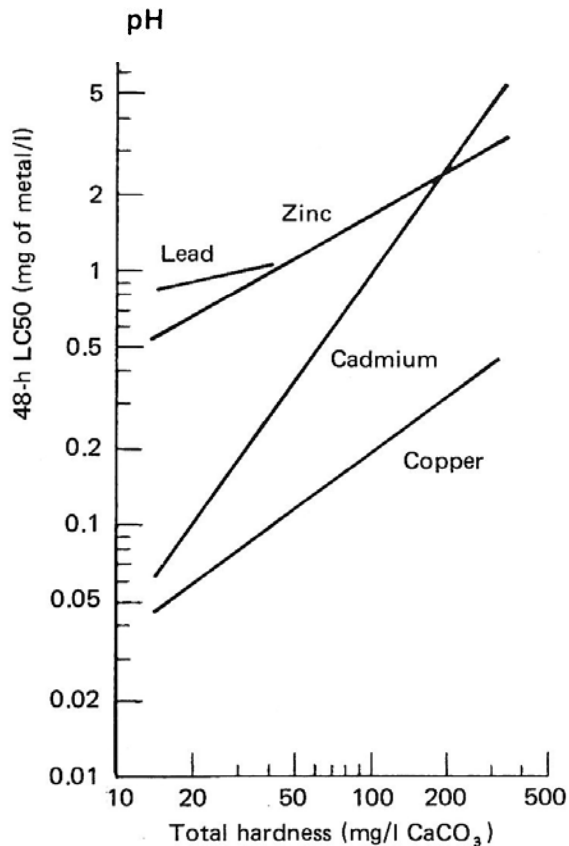
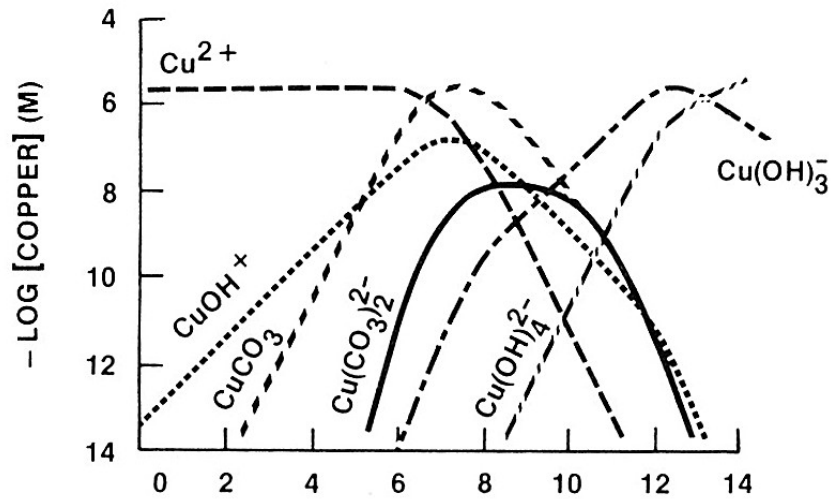
*Example issue: Micronutrients in fertilizer*



**Essential metals can be toxic due to both too little (deficiency) and too much bioavailable metal (toxicity)**


# We Know

## Metal Risks Moderated by Speciation



- Measurements of total concentrations of metals and metalloids do not provide definitive information about their mobility, bioavailability, and potential toxicity to ecological systems or biological organisms
- Without knowledge of speciation the toxicology and bioavailability of metals tend to be markedly overestimated (***total concentrations of metals are not equivalent in any sense to bioavailable metals***)

# HISTORIC METALS BIOAVAILABILITY TOOLS

<b>Tool</b>	<b>Date</b>	<b>Description</b>	<b>Comments</b>
<b><i>Total recoverable metals</i></b>	Pre-1985	Dissolved metals + easily dissolved solid metals; hard mineral acid digestion	Highly conservative for metals in effluent that may become environmentally active
<b><i>Acid soluble metals</i></b>	1985	Less aggressive digestion procedure	Not much improvement
<b><i>Dissolved metals</i></b>	1993	<0.45 micron, pH 6.5-9.0, TOC/TSS < 5 mg/L	Improved approximation, but not ideal
<b><i>BLM</i></b> 	2003	Model based on water chemistry	Continuing research focus

# Water Effect Ratio (WER)

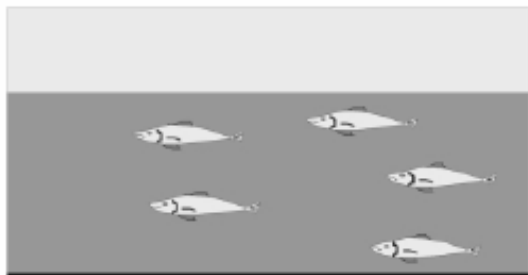
Stop-gap  
(time  
consuming,  
expensive)  
option for  
normalizing  
dissolved  
metals  
measures  
after  
hardness  
adjustment,  
prior to the  
BLM

## Sample Determination of a Water-Effect Ratio, WER



Toxicity in site water with added copper.

Site water LC50 = 350 µg/L copper



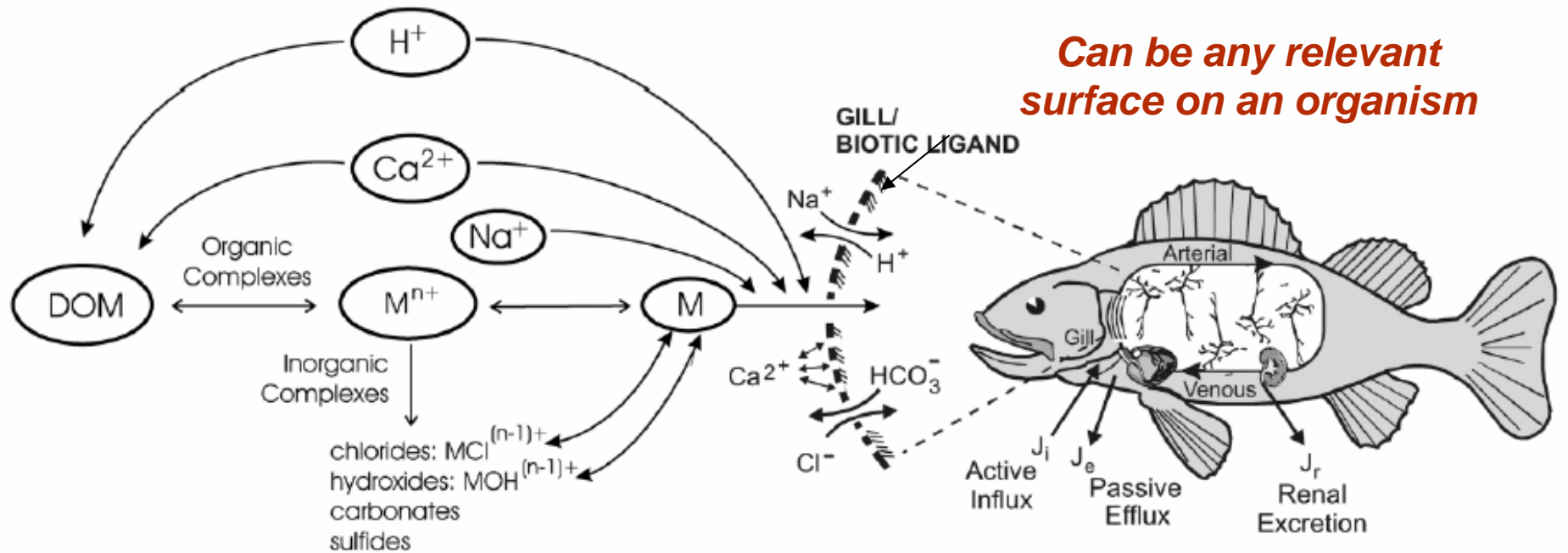
Toxicity in laboratory water with added copper.

Laboratory water LC50 = 100 µg/L copper

$$\text{WER} = \frac{350 \mu\text{g/L}}{100 \mu\text{g/L}} = 3.5$$

# BIOTIC LIGAND MODEL

Accepted in US, EU, Canada, Australia,...



*Can be any relevant surface on an organism*

Chemistry

Originally developed for freshwater acute exposures

Physiology

**Extending chronic applicability to deal with mixtures**

Toxicology



Regulatory Needs

**Extending to terrestrial and marine environments**

# Physiology Rules in Sea Water

**and** dietary metals uptake alters metals bioavailability in fresh or salt water

e.g., Galvez et al. 2007. *Aquat Toxicol* 84: 208-214

*Blanchard J, Grosell M. 2006. Copper toxicity across salinities from freshwater to seawater in the euryhaline fish Fundulus heteroclitus: Is copper an ionoregulatory toxicant at high salinities? Aquat Toxicol 80: 131-139.*

“...physiology rather than chemistry explains much of the variation in Cu toxicity seen across salinities”.



# Limitations of Chemical Analyses

- We can't measure everything
- Chemical analyses provide no information on **bioavailability** of contaminants or on factors that modify bioavailability



BLM predictions an improvement

- Chemical analyses provide no information on **effects**, let alone **impacts**

# Environmental Quality Guidelines (EQGs)

***Use on the basis of common sense, not inflexibly***

EQGs include sediment and water quality guidelines (SQGs and WQGs)

## Limitations:

- Do not consider synergism between contaminants, biomagnification, or secondary poisoning
- Only based on toxicity to biological receptors
- Do not consider human health
- Not to be used alone for remediation decisions

## Uses:

- To identify and describe contamination
- To identify and prioritize contaminants of potential concern (COPCs)
- **As part of an ERA approach to decision-making**

# The Key Question(s)

## So what?



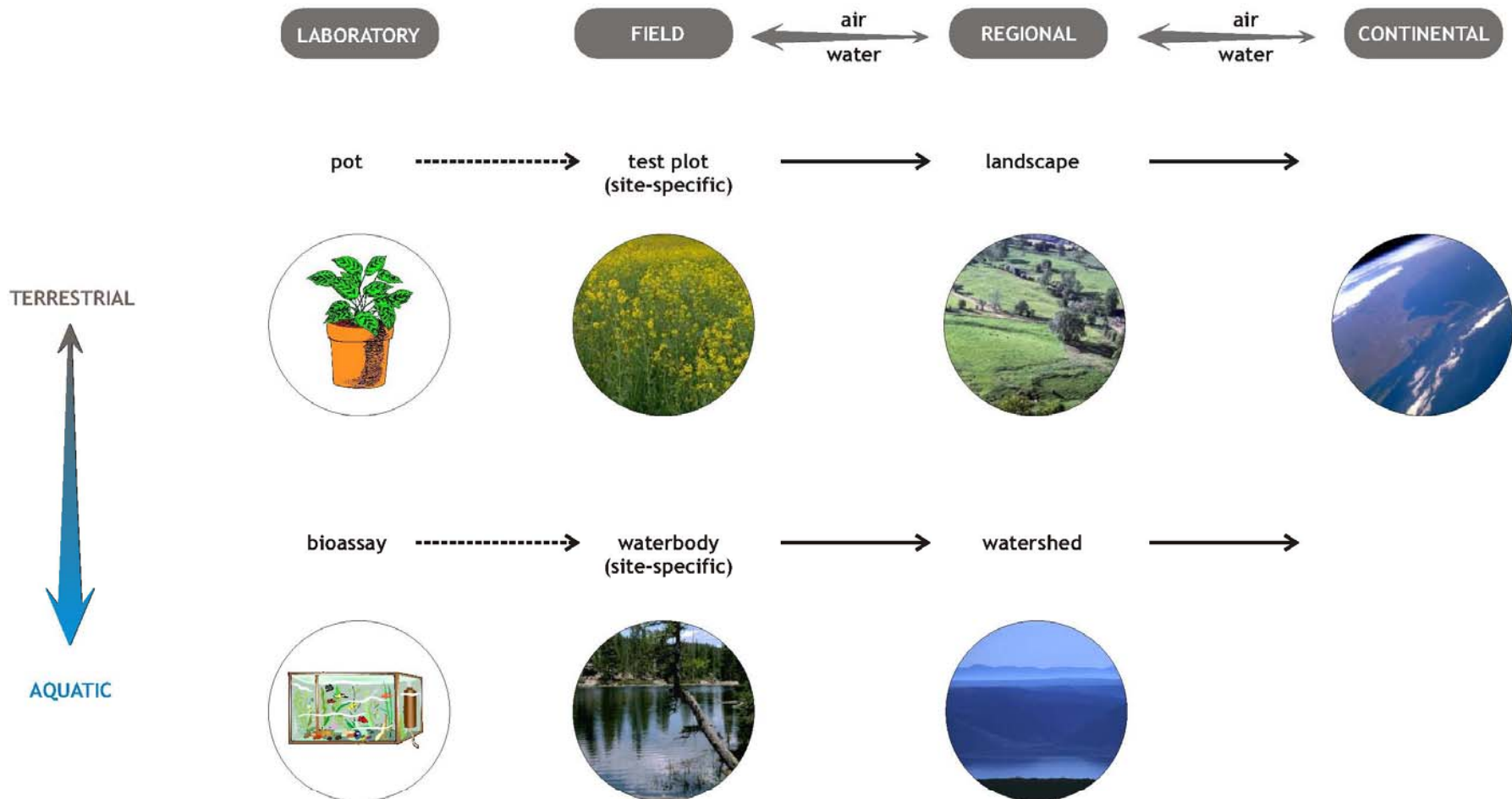
- When does **contamination** (the presence of a substance at higher than natural concentrations) become **pollution** (contamination that results in adverse biological **effects** to individuals or, more importantly, in adverse biological **impacts** to populations)?
- And how does this occur (what are the sources and mechanisms)?

# Effects vs Impacts



- **An effect:** a change to a valued ecosystem component (VEC) due to human activities – not necessarily negative (e.g., copper [Cu] and zinc [Zn] are essential elements)
- **An impact:** an effect to a VEC that adversely affects the utility or viability of that VEC (e.g., reduced productivity of aquatic communities due to Cu and/or Zn toxicity)

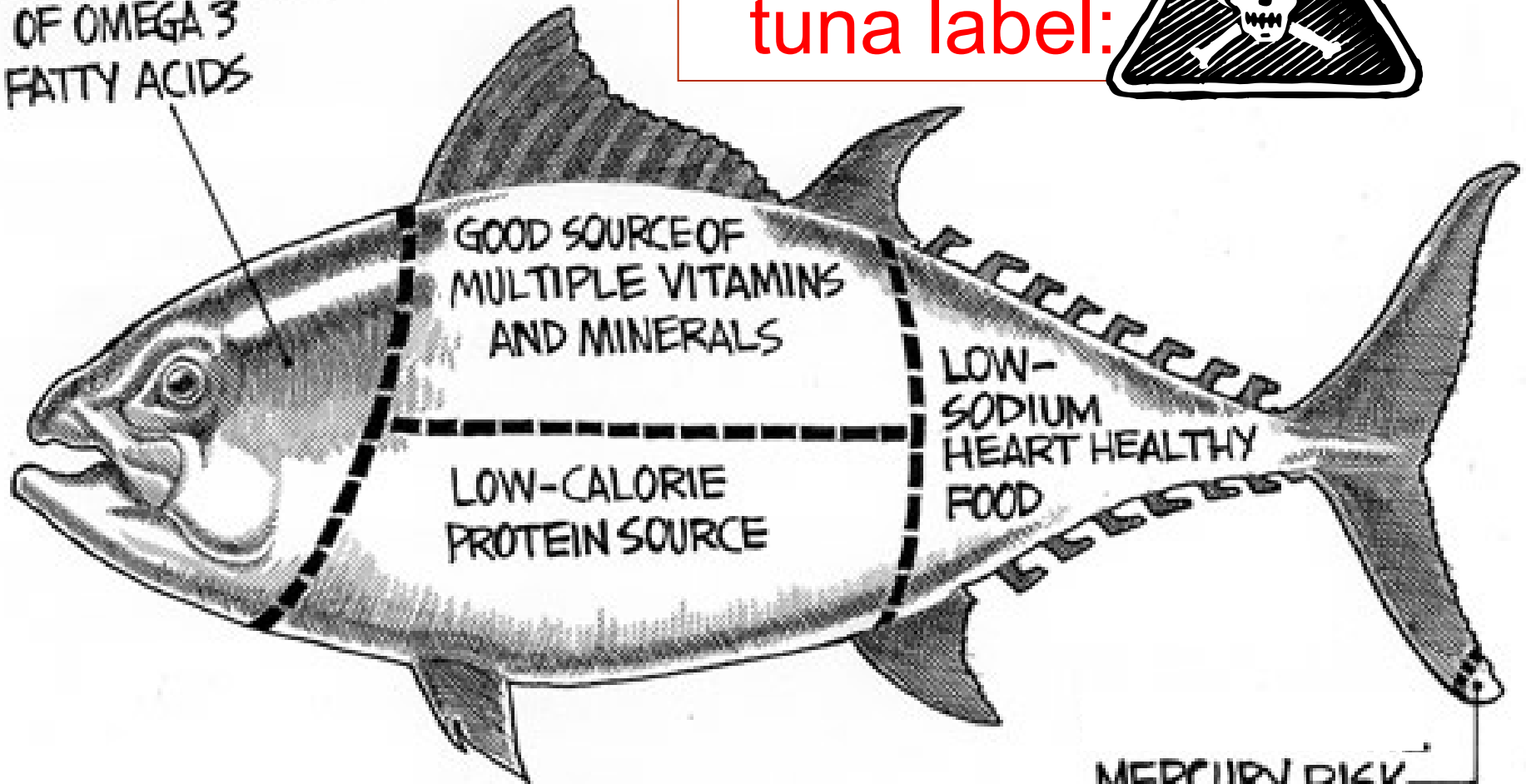
# Scale Matters



Proposed  
tuna label:



POSITIVE BENEFITS  
OF OMEGA 3  
FATTY ACIDS

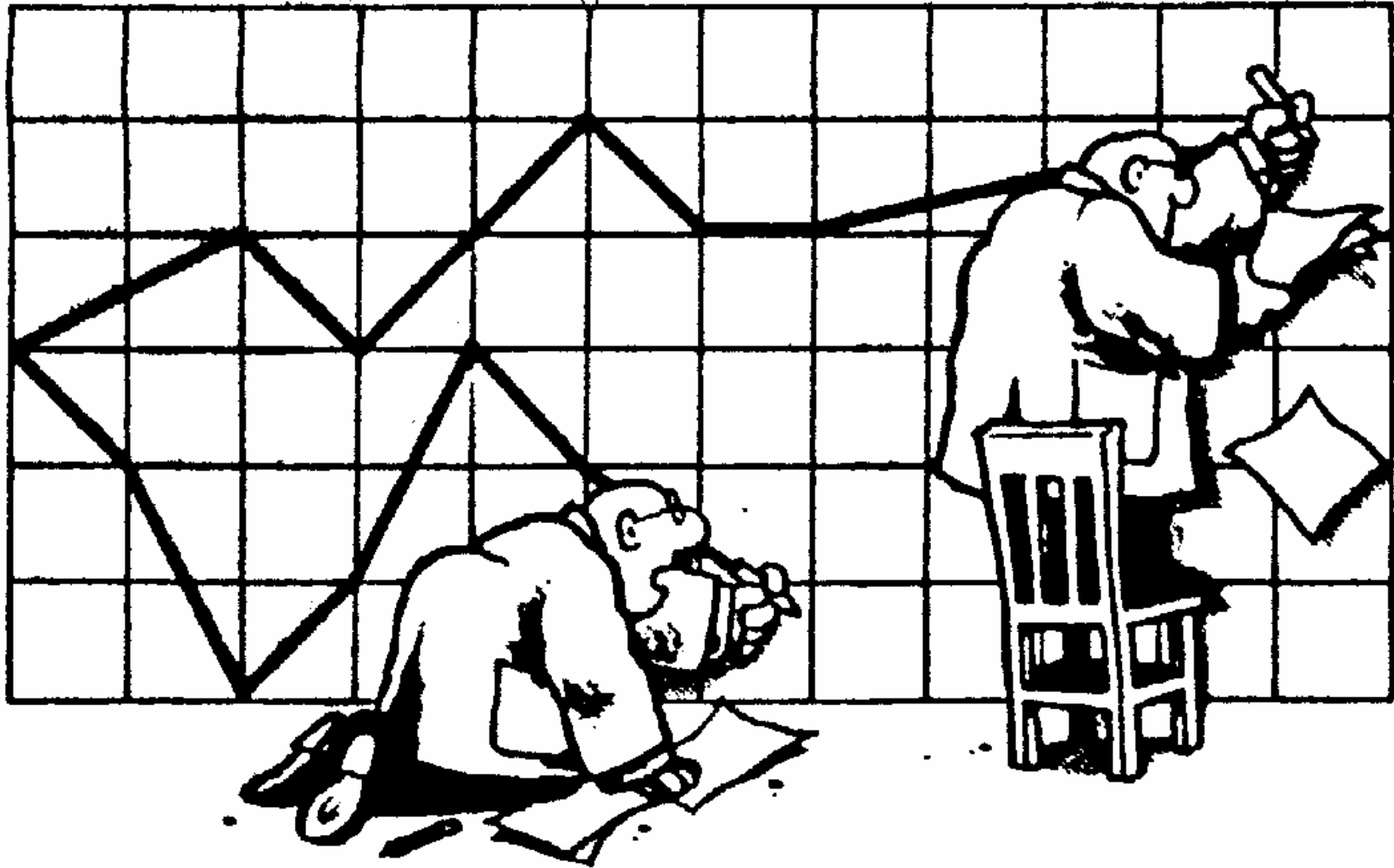


MERCURY RISK

Risk : risk comparisons are essential

*Quirk*  
2006

© Mark Taylor



**Hey, I thought we were working with the same data!**

# The Different Forms of “Bio-”

**Bioaccessible:** Potentially available for uptake over the long-term. Fraction that may be available to an organism. Includes portion that is currently bioavailable + portion(s) that may become bioavailable over time (e.g., from matrices such as sediment, soil [food - for humans])

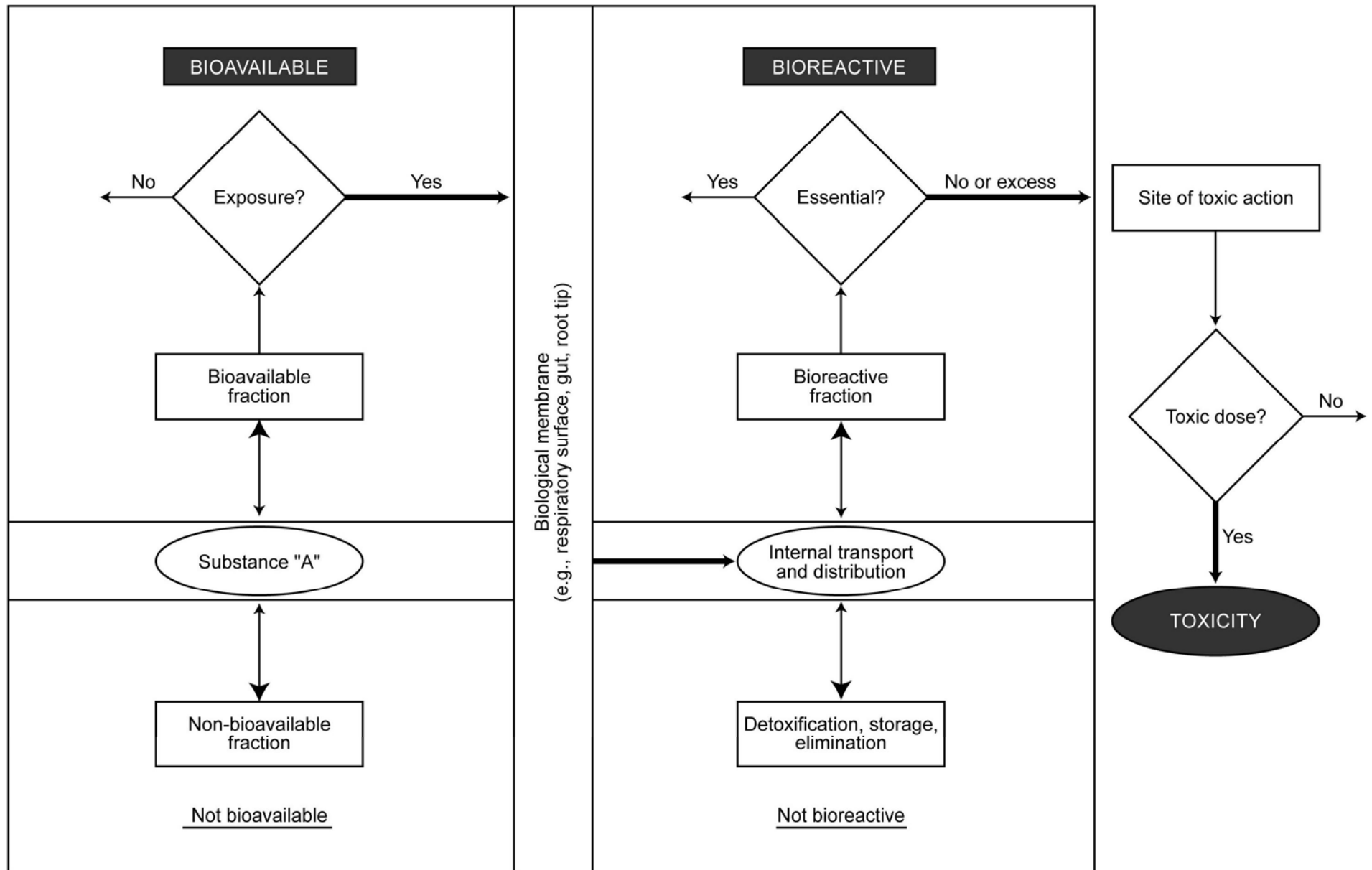
**Bioavailable:** Immediately available for uptake by organisms

**Bioabsorbed:** Actually taken up by an organism

**Bioreactive:** Actually able to cause toxicity (the bioabsorbed fraction minus the fraction that is depurated, internally sequestered, or used by the organism for its own needs)



# Importance of "Bio-"

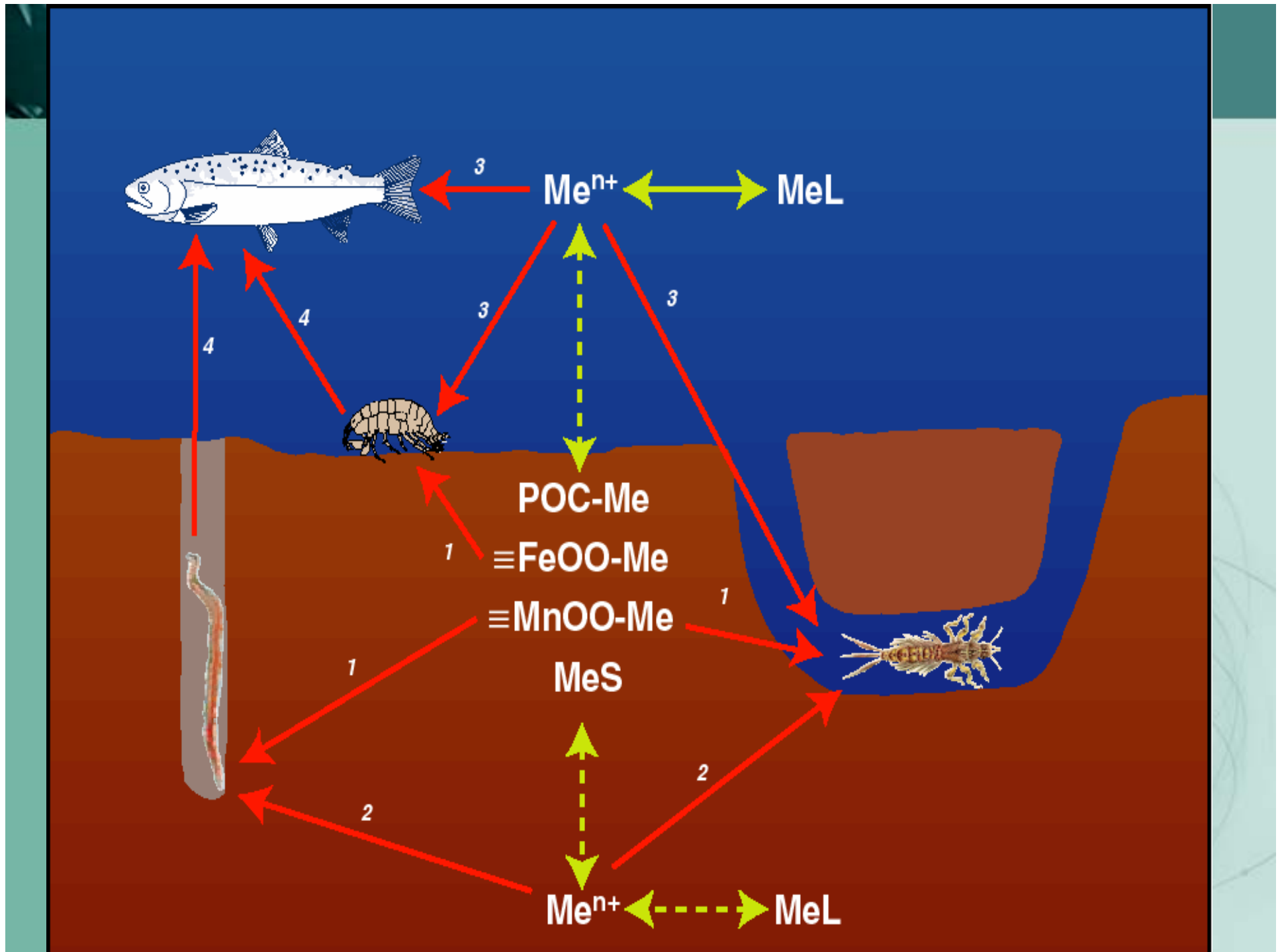


# Metals and “Bio-”

- **Detoxified and not bioreactive:** metals bound to inducible metal-binding proteins such as metallothionein (MT) or precipitated into insoluble concretions consisting of metal-rich granules (MRG) – virtually unlimited potential for metal absorption
- **Metabolically active and bioreactive:** metals in metal-sensitive fractions (MSF) such as organelles and heat-sensitive proteins
- **Species-specific differences** in relative proportion of bioreactive metals
- **Trophic transfer of metals to predators:** MSF and MT represent trophically available metal (TAM); MRG is not trophically available. Thus ***total tissue burdens in prey will not directly relate to metal transfer to predators***

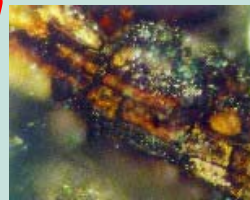
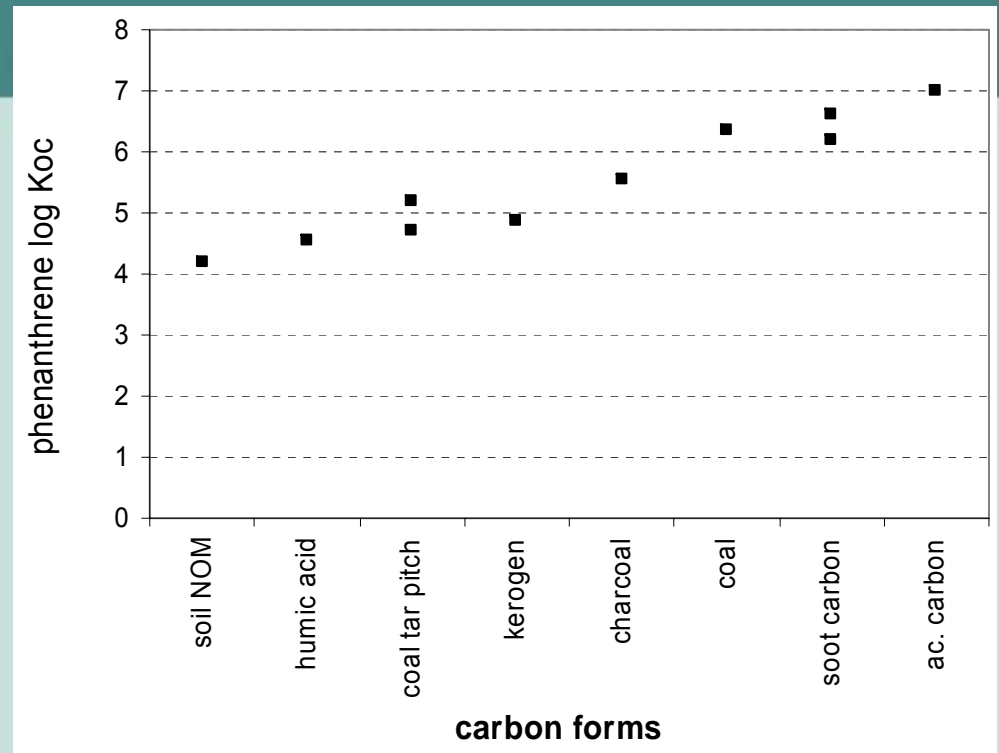
# Metal Speciation, “Bio-”, and Toxicity

- The form, or species, of metal (or metalloid) in the environment will affect both bioavailability and toxicity (**metal speciation**)
- Environmental variables (e.g., pH, cation exchange capacity, hardness, DOM) modulate speciation (**confounding variables**)
- Metals in the environment bound to particulate matter may not be biologically available (**bioavailability**)
- Metals within organisms may be inert (e.g., detoxified) relative to the host organism and/or to predators (**bioreactivity**)
- Within “metalloregions” there may be selection for metal-resistant populations – normal responses by organisms to adjust boundaries of their ecological niches to maximize chances to survive and reproduce (**tolerance**)



# “Bio-” and Organic Substances

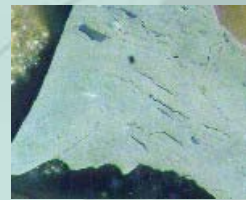
- Sorption of organic chemicals via “dual-mode sorption” – absorption in amorphous organic matter and to carbonaceous materials (e.g., black carbon)
- Solid-phase concentrations bear little or no relation to actual concentrations in organisms – **reconsider existing criteria**



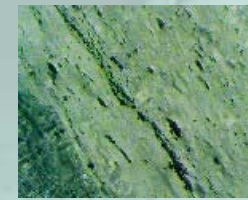
wood



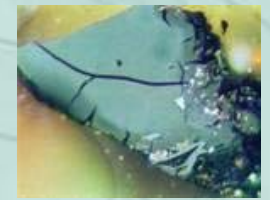
lignite



bituminous coal



anthracite coal



oxidized coal



coke



charcoal



cenosphere



soot carbon




coal tar pitch

# Biological Tolerance

**Not generally considered in ERA**

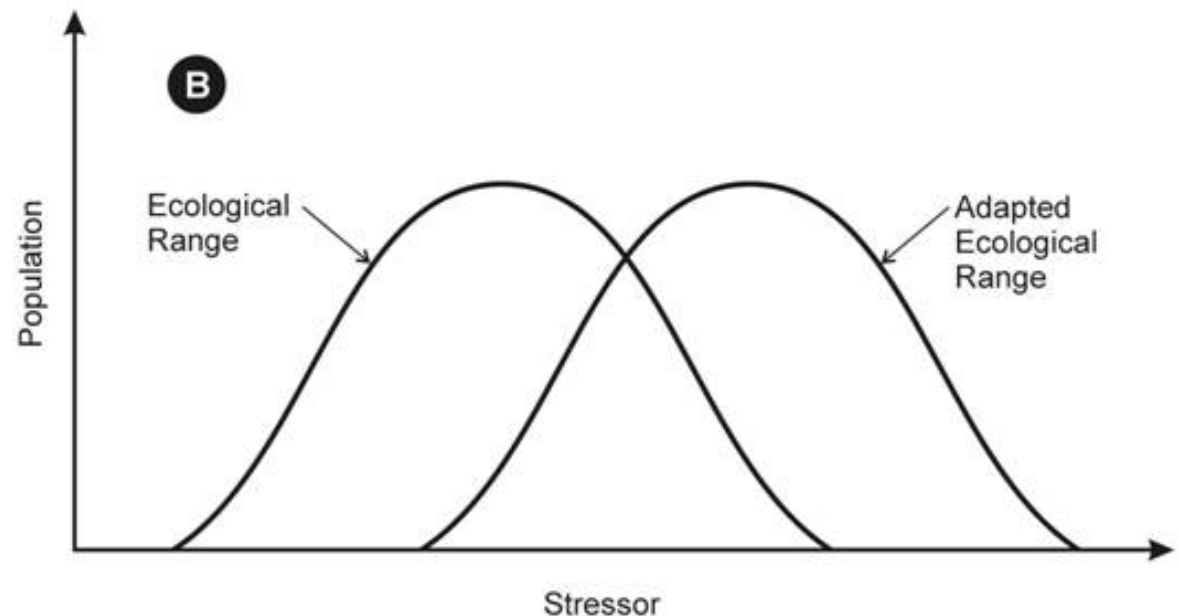
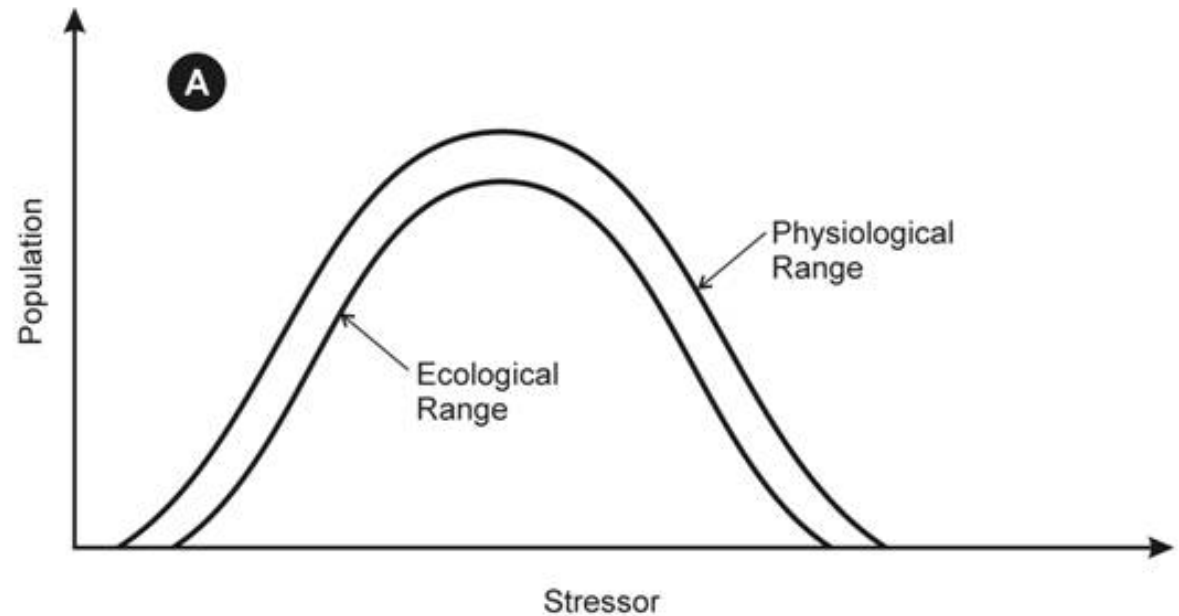
Tolerance to one metal can affect tolerance to other metals; need to understand previous exposure conditions

<b>Mechanism</b>	<b>Metabolic Cost?</b>
Acclimation	Yes
Non-genetic adaptation	Yes
Genetic adaptation	Possibly not
Metabolism	Possibly not

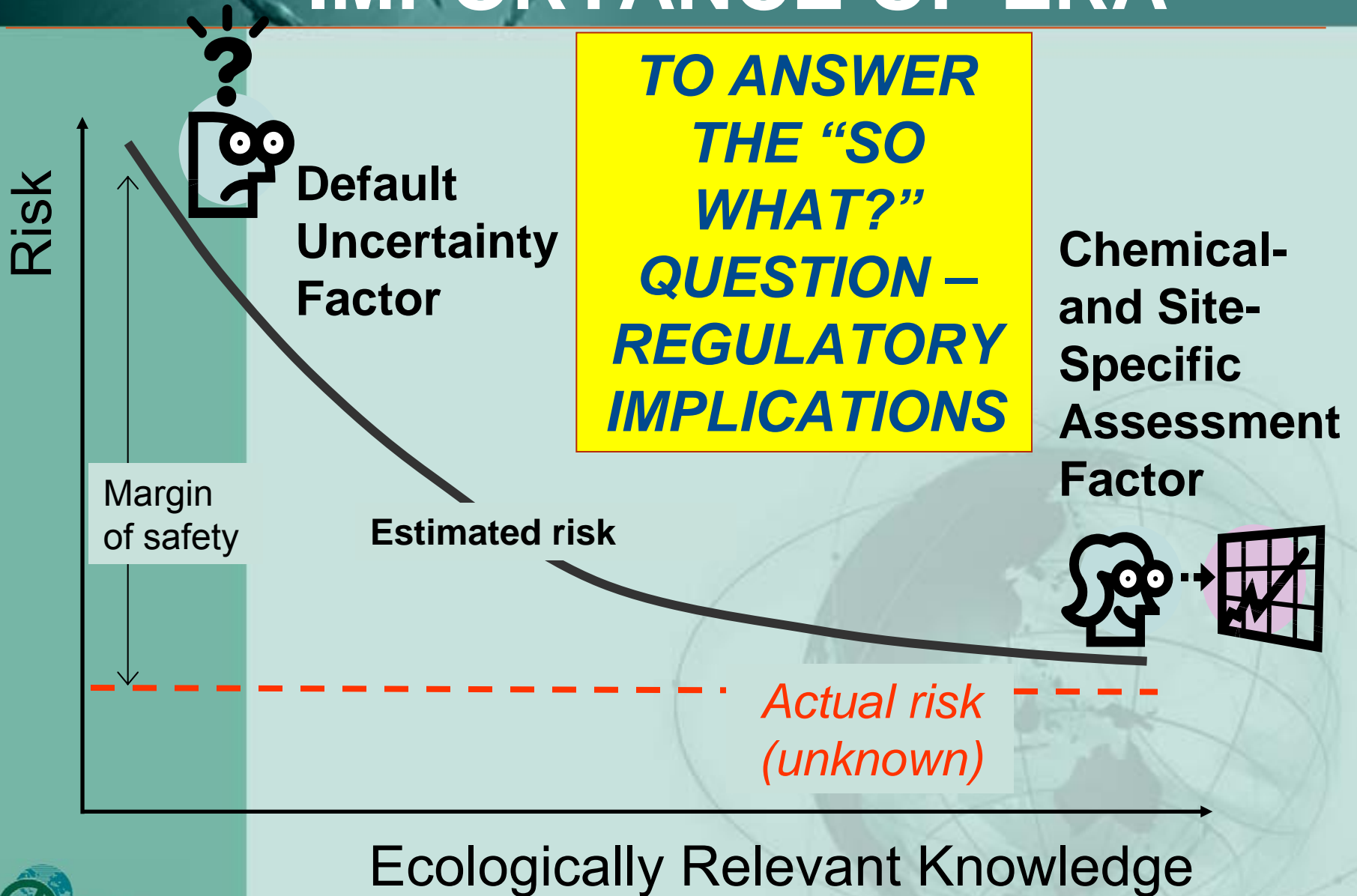


**Acclimation (A)** is physiological and an extension of an organism's ecological range

Genetic **adaptation (B)** comprises a new ecological range



# IMPORTANCE OF ERA






# The Key Question(s)

Chapman PM.  
2008.  
Environmental  
risks of  
inorganic metals  
and metalloids: a  
continuing,  
evolving  
scientific  
odyssey. Human  
Ecol Risk  
Assess (in  
press)

## So what?

1. Do metals accumulate in biota above background levels?
2. *If so*, are these metals biologically active (bioreactive)?
3. *If so*, are they likely to result in adverse effects to individuals either alone or in combination with other stressors?
4. *If so*, are they likely to result in adverse impacts to populations?

# Four Key ERA Metals Questions - #1

Question	Chemical Tools	Biological Tools	Comments
<p><b><i>Do metals accumulate in biota above background levels?</i></b></p> 	<ul style="list-style-type: none"> <li>• Measured body burdens</li> <li>• Aqueous exposure estimates (Biotic Ligand Model [BLM], other models)</li> <li>• Dietary exposure estimates (gut digestive fluids, organisms)</li> </ul>		<ul style="list-style-type: none"> <li>• Based on bioavailability (determined by speciation, site-specific conditions, and organism behaviour)</li> <li>• Dynamic models may provide better predictions for bioaccumulation and toxicity of some metals than equilibrium models</li> <li>• <b>BCFs and BAFs are not useful</b></li> <li>• Metals accumulation in tissues does not necessarily relate to toxicity or trophic transfer</li> </ul>

# Bioconcentration Factors (BCFs)

**Example:** If the contaminant concentration in the soil is  $100 \mu\text{g}/\text{kg}$  and in a plant growing in the soil it is  $10 \mu\text{g}/\text{kg}$ , the  $\text{BCF}=0.1$  ( $10 \mu\text{g}/\text{kg})/(100 \mu\text{g}/\text{kg})$ )

BCFs are used to calculate expected concentrations in the tissues of receptor species


A BCF is the ratio of the concentration of a contaminant in the source to the concentration in the receptor

***BCFs [and Bioaccumulation Factors (BAFs)] provide misleading data for metals (e.g., essential metals are taken up against the concentration gradient)***


# Four Key ERA Metals Questions - #2

<b>Question</b>	<b>Chemical Tools</b>	<b>Biological Tools</b>	<b>Comments</b>
<b><i>Are the metals biologically active?</i></b>	<ul style="list-style-type: none"><li>• Metal fractionation within organisms</li></ul>	<ul style="list-style-type: none"><li>• Determination of food chains for predator-prey predictions</li></ul>	<ul style="list-style-type: none"><li>• Metals occur in two pools: biologically active and available; detoxified and unavailable</li><li>• Metals bioreactivity can vary by exposure route (water, diet)</li></ul>

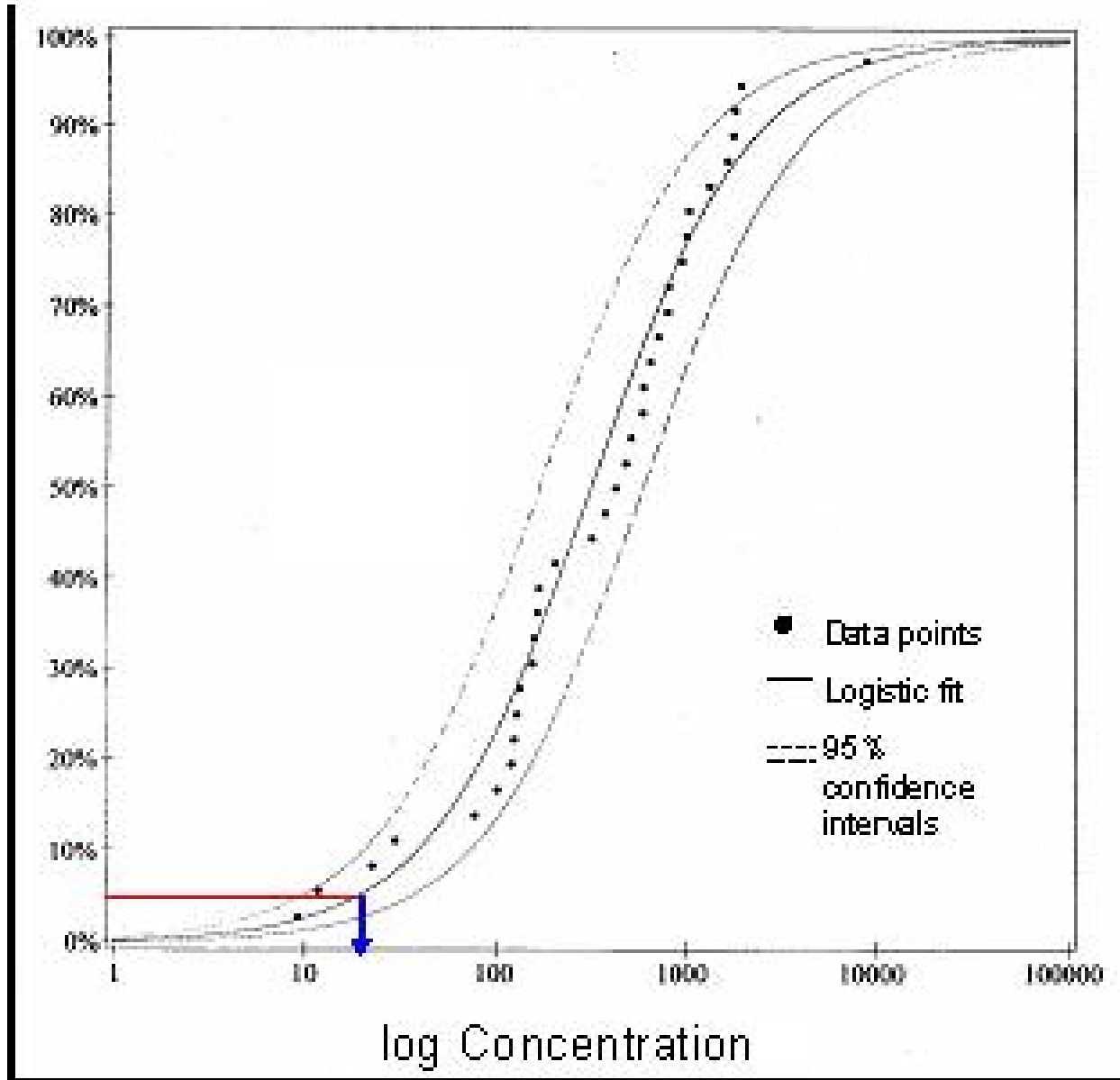
# Four Key ERA Metals Questions - #3

Question	Chemical Tools	Biological Tools	Comments
<p><b><i>Are the metals likely to result in adverse effects to individuals either alone or in combination with other stressors?</i></b></p> 	<ul style="list-style-type: none"> <li>• Predictions (BLM, biokinetics)</li> <li>• Predictions (Contaminant Body Residues [CBRs])</li> <li>• Predictions (environmental quality values)</li> </ul>	<ul style="list-style-type: none"> <li>• Single species toxicity tests involving appropriate metals pre-exposure, and both aqueous and dietary exposures</li> <li>• Field data: organism responses to actual contamination</li> </ul>	<ul style="list-style-type: none"> <li>• Predictions may also be possible using regression-based modeling involving toxicity data and DOC (dissolved organic carbon) measurements</li> <li>• Use of CBRs requires dose-response relationships between bioreactive metals and organism responses</li> <li>• Contaminant interactions cannot at present be reliably predicted, nor can interactions with non-chemical stressors</li> <li>• Pulsed (intermittent) exposures need to be considered as well as continuous exposures</li> </ul>

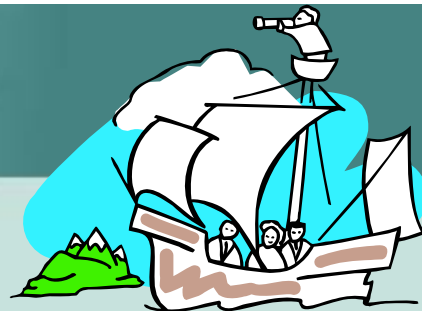
# Four Key ERA Metals Questions - #4

Question		Chemical Tools	Biological Tools	Comments
<p><b><i>Are the metals likely to result in adverse impacts to populations?</i></b></p> 			<ul style="list-style-type: none"> <li>• Predictions from single-species data (Species Sensitivity Distributions [SSDs])</li> <li>• Life-table response experiments</li> <li>• Multiple species toxicity tests involving appropriate metals pre-exposure, both aqueous and dietary exposures and, where appropriate, multi-generational studies</li> <li>• Field data: community-level responses to actual contamination (structural <u>and</u> functional responses)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>SSDs</b> presently less useful for chronic than acute responses</li> <li>• Species extrapolations need to encompass appropriate sensitivities</li> <li>• Tolerance can be acclimation or adaptation; the latter may or may not have energetic costs (e.g., trade-offs of energy allowances)</li> <li>• Both direct and indirect effects need to be considered</li> <li>• Direct effects may include chemosensory impairment</li> </ul>

# Species Sensitivity Distributions



- Use of Species Sensitivity Distributions (SSDs), not lowest available toxicity data divided by a safety factor
- EPA Metals Framework – recognizes basic properties of metals, differences between metals and organics, and use of SSDs
- Canadian 2007 Water Quality Guidelines recognize use of SSDs – example opposite is from that document (and essentiality, tolerance, speciation, modifying factors, etc)



**Life-Cycle  
Assessment  
(LCA)**

**Biodynamics  
As a  
Unifying  
Concept**

**Non-  
Population  
Responses:  
Behavior**



**MAJOR  
STRIDES  
HAVE BEEN  
MADE, BUT  
THE  
JOURNEY  
CONTINUES**

**Pulsed  
Exposures**

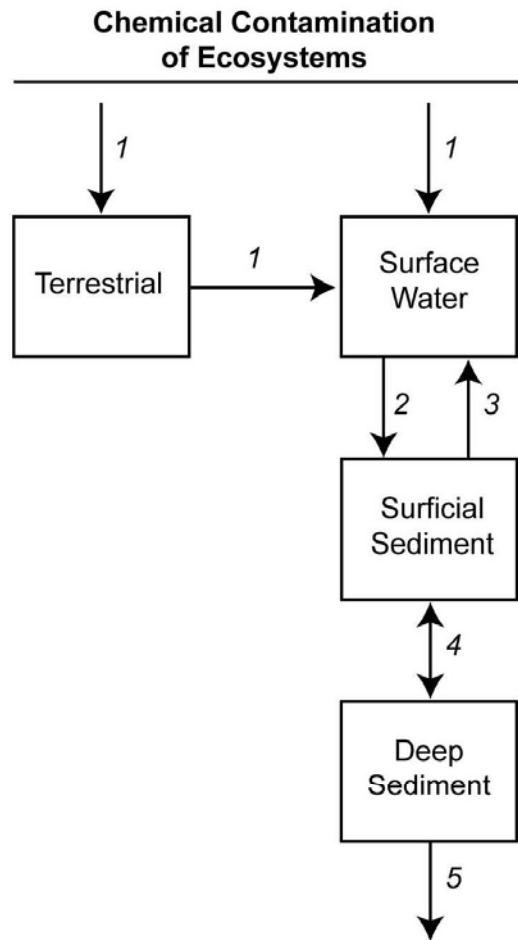
**Metal-  
Containing  
Nanoparticles**

**Indirect Effects**

**Ecotoxicogenomics**



# Inter-relationships between Ecosystems and Chemicals are Complex



## Processes

1. Wet or dry deposition (e.g., rain, run-off, dust)
2. Settling/sorption
3. Resuspension (e.g., bioturbation, bioirrigation, scouring, desorption)
4. Burial/mixing
5. Burial

## ROPCs

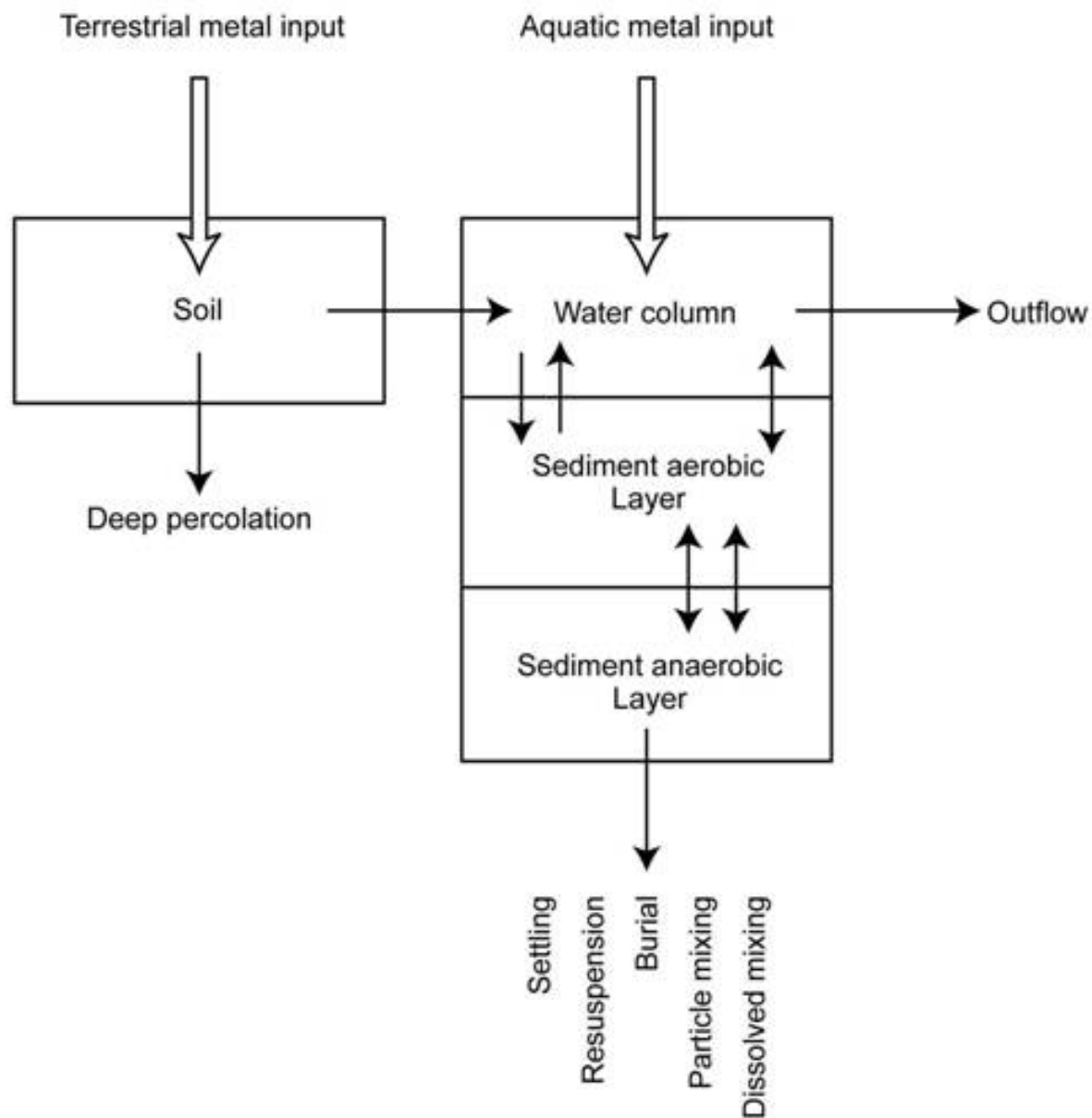
- Mammals/birds eating aquatic biota
- Fish
- Invertebrates
- Plants
- Algae

## Other Stressors

- Climate change
- Habitat change
- Introduced species
- Eutrophication

# Unit World Model

**Adams WJ,  
Chapman PM  
(eds). 2006.  
Assessing the  
Hazard of Metals  
and Inorganic  
Metal Substances  
in Aquatic and  
Terrestrial  
Systems. SETAC  
Press, Pensacola,  
FL, USA**

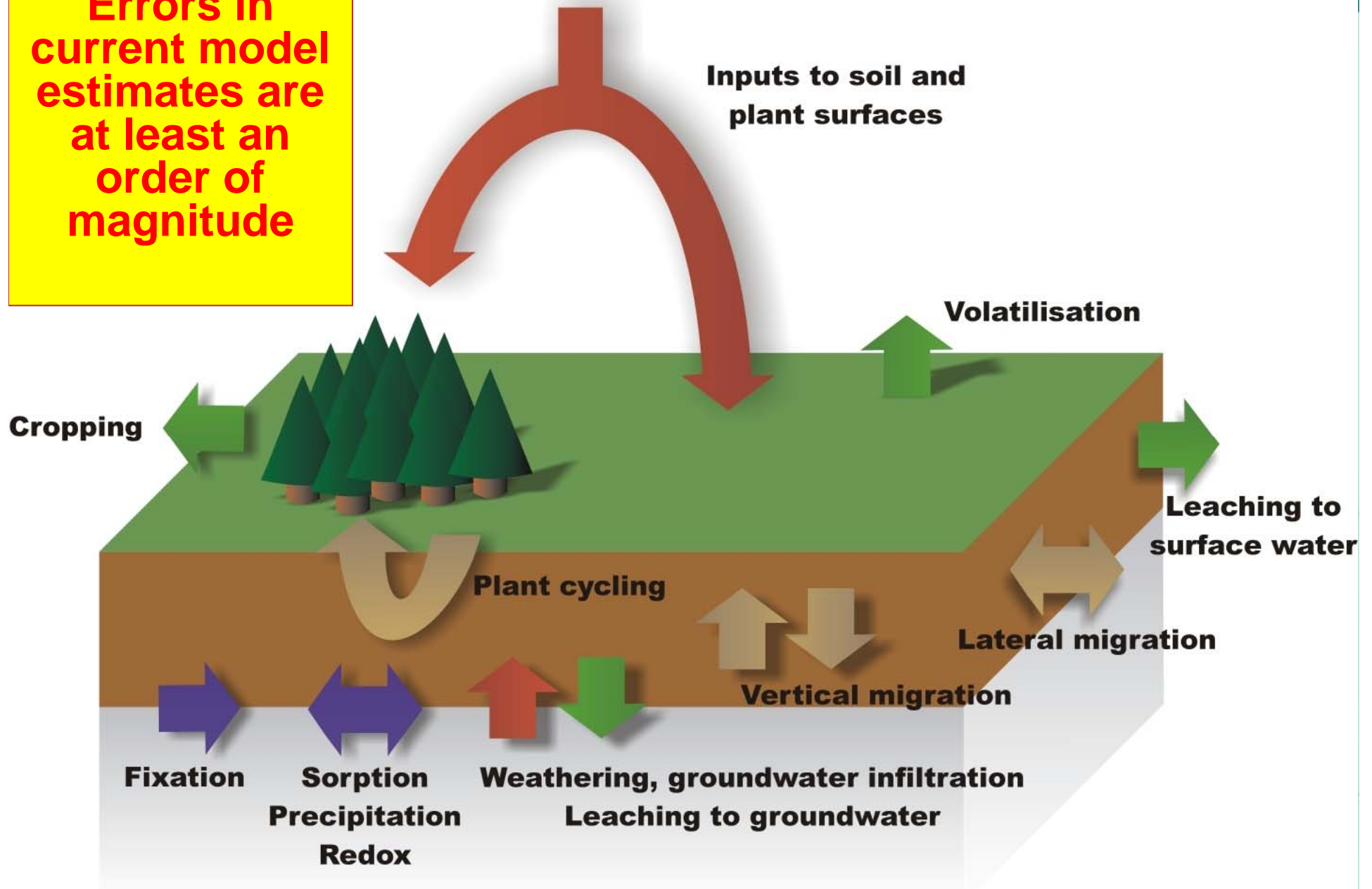


# Critical Loads

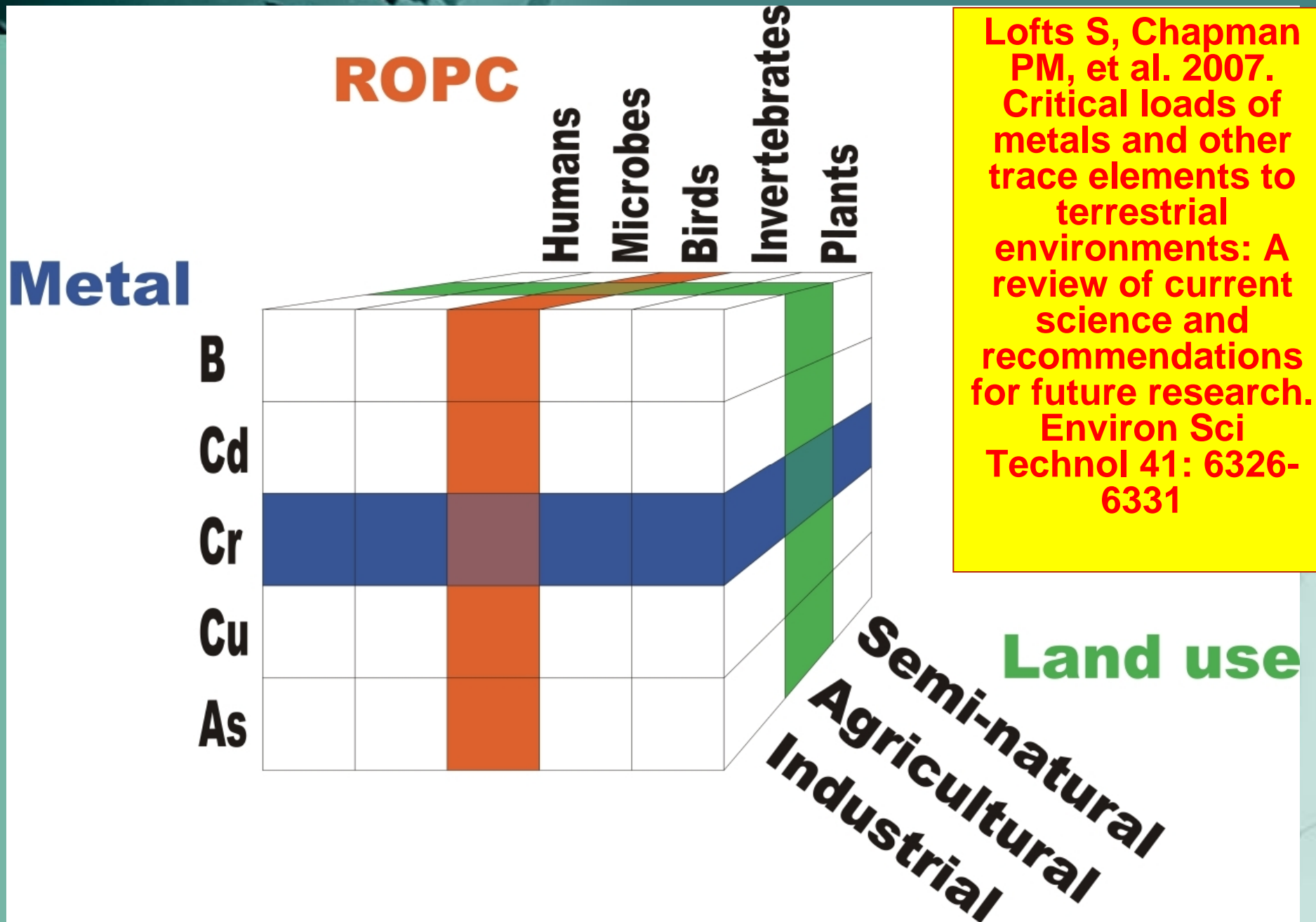
- A critical load is **the highest acceptable input rate of a substance (e.g., a metal) into the environment** (i.e., that will result in contamination but not in pollution)
- The critical load concept is used **to estimate acceptable current and future inputs of substances such as metals** – it requires knowledge of sources, cycling, fate and effects to define acceptable inputs, often considered over different time scales
- Critical loads are **intended to proactively prevent contamination accumulating to a degree that causes pollution**. When pollution already exists, critical loads may be set to help reduce levels of contamination over time and ameliorate adverse effects / impacts

# Major Terrestrial Metals Transformation and Transport Pathways

**Errors in current model estimates are at least an order of magnitude**

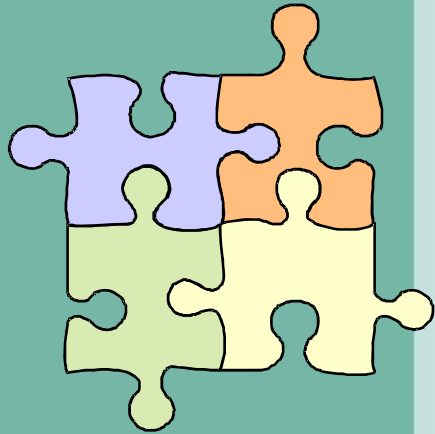


# Assessing Potential Metal Effects



Lofts S, Chapman PM, et al. 2007. Critical loads of metals and other trace elements to terrestrial environments: A review of current science and recommendations for future research. Environ Sci Technol 41: 6326-6331

# Overall Needs



Need to  
Address  
Reality **and**  
Perception

- Answer the **“So What?”** question where it really matters:
  - 1. Are there present or potential effects and impacts?**
  - 2. Is there present or potential pollution, not just contamination?**
  - 3. Conduct risk:risk comparisons (action versus no action) [all actions are not the same]**
  - 4. What good science is appropriate both proactively and reactively?**

**"One does not swat a gnat while being charged by elephants"**

*- Alvin Winberg (1987)*

**Focus on what really matters, the big picture, not the minutiae**

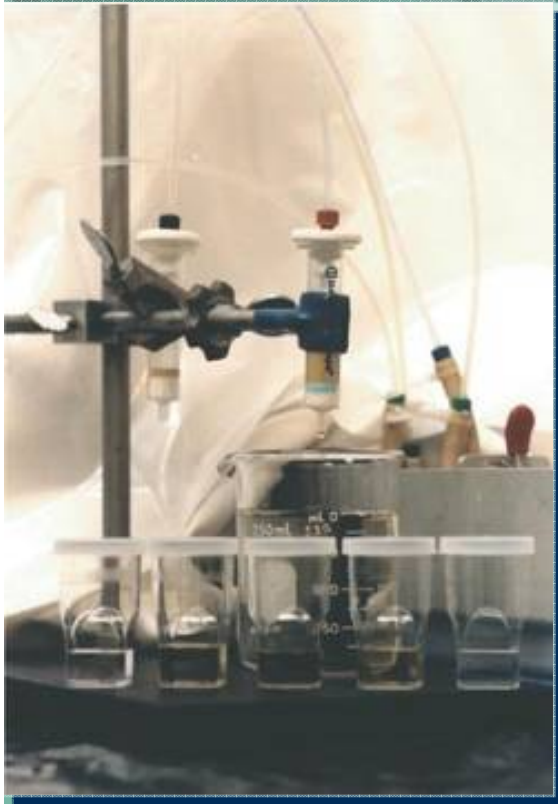


# Global Environmental Threats (in order)

**Interactions  
(e.g., metals  
and climate  
change) must  
also be  
considered**

- Global Climate Change
- Habitat Change
- Exotic Species Introductions / Invasions
- Eutrophication
- Chemical (e.g., metals) Contamination





**Thank you for  
Listening!  
Questions /  
Discussion?**

[pmchapman@golder.com](mailto:pmchapman@golder.com)



# Additional Information re Metals RA

Fairbrother A, Wenstel R,  
Sappington K, Wood W.  
2007. Framework for metals  
risk assessment. Ecotox  
Environ Saf 68: 145-227

USEPA. 2007. Framework for  
metals risk assessment. EPA  
120/R-07/001

[www.epa.gov/osa](http://www.epa.gov/osa)